

MONTANA STATE PLAN & POLICY MANUAL

CHAPTER EIGHT

Policy Number: 8.3
Standard Food Packages
Effective Date: October 1, 2012

Title: Standard Food Packages

Purpose

To define standard food packages for issuance of allowable foods.

Authority

7 CFR 246.10

Policy

Standard food packages are designed to meet general nutrition needs for participants based on category, age, special dietary needs and food preparation/storage needs. Standard food packages will provide the full nutritional benefit allowed.

I. Standard Montana WIC Food Packages for Infants

Infant Age	Amount of Breastfeeding	Contract Infant Formula (Max. amount is determined by powder reconstituted)	Infant Cereal (8 oz.)	Infant Fruits and Vegetables (4oz.)	Infant Meats (2.5 oz.)
Birth - 1 month (Food Package I)	Fully	None			
	Substantially*	1 can			
	Partially*	2 - 9 cans			
	None	Up to 9 cans			
1 - 3 months (Food Package I)	Fully	None			
	Substantially*	Up to 4 cans			
	Partially*	5 - 9 cans			
	None	Up to 9 cans			
4 - 5 months (Food Package I)	Fully	None			
	Substantially*	Up to 5 cans			
	Partially*	6 - 10 cans			
	None	Up to 10 cans			
6 - 12 months (Food Package II) Developmental readiness and caregiver's wishes to start solids should be reviewed before issuing solids.	Fully	None	3 boxes	64 jars	31 jars
	Substantially*	Up to 4 cans	3 boxes	32 jars	
	Partially*	5-7 cans	3 boxes	32 jars	
	None	Up to 7 cans	3 boxes	32 jars	

*Infant formula issued to breastfeeding infants in this age range is based on actual need and the established full nutritional benefit. Issuance of the actual amount of formula needed, rather than the maximum amount allowable for a breastfeeding infant is encouraged.

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**II. Standard Montana WIC Food Packages for Children 1-5 years
(Food Package IV)**

Food Item	Children Younger than 2 Years	Children Age 2 Years and Older
Milk	Whole 4 gallons	Skim, 1% or 2% 4 gallons
Eggs	1 dozen	1 dozen
Juice	2 64-oz. bottles (128 oz.)	2 64-oz. bottles (128 oz.)
Cereal (cold and/or hot)	36 oz.	36 oz.
Whole Grain Choice	2 pounds	2 pounds
Peanut Butter	0	18 oz. peanut butter
Legumes	4 14-16 oz. cans	0
Fruit & Vegetable Benefit	\$6	\$6

III. Standard Montana WIC Food Packages for Women

Food Item	Pregnant or Substantially Breastfeeding (Food Package V)	Partially Breastfeeding or Non-Breastfeeding Post-Partum Women (less than 6 mo. post-delivery) (Food Package VI)	Fully Breastfeeding or Pregnant w/ Multiples (Food Package VII)	Fully Breastfeeding Multiples (Food Package VII – 1.5x)
Milk	Skim, 1% or 2% 5 1/2 gallons	Skim, 1% or 2% 4 gallons	Skim, 1% or 2% 6 gallons	Skim, 1%, or 2% 9 gallon
Cheese	0	0	1 pound	Alternate 1 & 2 lbs every other month
Eggs	1 dozen	1 dozen	2 dozen	Alternate 2 & 3 dozen every other month
Juice	3 11.5-12 oz. frozen (144 ounces) or 3 46-48 oz. bottles	2 11.5-12 oz. frozen (96 ounces) or 2 46-48 oz. bottles	3 11.5-12 oz. frozen (144 ounces) or 3 46-48 oz. bottles	Alternate 4 & 5 11.5- 12 oz. frozen (192 ounces) or 4 & 5 46- 48 oz. bottles every other month
Cereal	36 oz.	36 oz.	36 oz.	54 oz.
Whole Grains	1 pound	0	1 pound	Alternate 1 & 2 pounds every other month
Peanut Butter	18 oz. peanut butter	18 oz. peanut butter	18 oz. peanut butter	Alternate 18 & 36 oz. every other month
Legumes	4 14-16 oz. cans	0	4 14-16 oz. cans	Alternate 4 & 8 14- 16 oz. cans
Fish	0	0	30 oz.	45 oz.
Fruit & Vegetable Benefit	\$10	\$10	\$10	\$15

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IV. Food Packages for Women Breastfeeding Multiples from the Same Pregnancy

How Much Breastfeeding	<i>Baby 2 Fully Breastfeeding</i>	<i>Baby 2 Substantially Breastfeeding</i>	<i>Baby 2 Partially Breastfeeding</i>	<i>Baby 2 Fully Formula Fed</i>	<i>Baby 2 Partially Breastfeeding or Fully Formula Fed 6 Months or Older</i>
<i>Baby 1 Fully Breastfeeding</i>	Fully Breastfeeding Multiples (1.5x Fully)	Fully Breastfeeding	Fully Breastfeeding	Fully Breastfeeding	Fully Breastfeeding
<i>Baby 1 Substantially Breastfeeding</i>	Fully Breastfeeding	Fully Breastfeeding	Substantial/ Pregnant	Substantial/ Pregnant	Substantial/ Pregnant
<i>Baby 1 Partially Breastfeeding</i>	Fully Breastfeeding	Substantial/ Pregnant	Partially/ Post-Partum	Partially/ Post-Partum	No Food Package Issued Woman Counted
<i>Baby 1 Fully Formula Fed</i>	Fully Breastfeeding	Substantial/ Pregnant	Partially/ Post-Partum	Partially/ Post-Partum	No Food Package Issued Woman Counted if Baby 2 is Partially Breastfeeding
<i>Baby 1 Partially Breastfeeding or Fully Formula Fed 6 Months or Older</i>	Fully Breastfeeding	Substantial/ Pregnant	No Food Package Issued Woman Counted	No Food Package Issued Woman Counted if Baby 1 is Partially Breastfeeding	No Food Package Issued Woman Counted if one baby is Partially Breastfeeding

- A. If more than two infants from the same pregnancy, the mother's food package is determined by the highest breastfeeding status of one of the infants.